

## Osteopathy - An American Form of Healthcare Practiced Globally - Key Events of its Development

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### Abstract

Osteopathic Healthcare – began as an American form of patient care and is licensed in all states with 56 osteopathic medical universities in the United States and several hundred osteopathic schools globally. Doctors of osteopathic medicine, referred to as DO's are common across the world today thanks to a relatively new medical theory developed in Missouri in 1874. Dr. Andrew Taylor Still of Kirksville, Missouri came up with the principles of osteopathic medicine, which trained both women and men in a health-focused philosophy that every biological system within the body is connected and depends upon one another to function correctly. Dr. Still's ideas focused on diet/nutrition, exercise, mental health, and manipulation (an adjustment of the body's structure from abnormal back to normal). He believed that if you wanted to cure disease, you needed to treat the whole body, not just the area that is ill. Osteopathic care covers the full "body-mind-spirit" triune. Additionally, osteopathic healthcare embraces natural forms of healing and approaches pharmacology that works in harmony with the total patient. Recent indiscriminate treatment by medical doctors for pain symptoms of the head, neck, back and feet with opioids have created a crisis of patient addiction and death. Osteopathy can often relieve these symptoms of pain by addressing the patient's underlying structural and nutritional issues. The first group of 21-DOs that matriculated from what is now known today as A.T. Still University-Kirksville College of Osteopathic Medicine has turned into more than 114,425 practicing physicians. The profession has grown significantly from one man's vision to become a major player in healthcare with 25% of all USA general practice doctors being osteopathic physicians –with ongoing, significant growth worldwide. Experience the story of Dr. A.T. Still and osteopathy.

has been the director of the Museum of Osteopathic Medicine since January 2001. Besides managing the Museum that was created in 1934, he makes multiple international trips each year (Ireland, Belgium, Russia, Germany, Japan, New Zealand, Australia, Canada, Portugal, Spain, Sweden, Brazil and the UK) to provide lectures, historic research materials and promote the principles of osteopathic medicine through exhibits for osteopaths globally. At A.T. Still University in Kirksville he keeps a busy schedule teaching medical students and welcoming guests from around the world to the museum.

### Speaker Publications:

1. "Osteopathic Manipulation in the Management of Chronic Pain: Current Perspectives"; July 2020 Volume 2020:13 Pages 1839—1847
2. "Osteopathic Manipulative Medicine Practice Patterns of Third-Year and Fourth-Year Osteopathic Medical Students: An Educational Research Project"; The Journal of the American Osteopathic Association, May 2020, Vol. 120, 293-302
3. "Perceptions of the osteopathic profession in New York City's Chinese Communities"; Volume 8, Issue 1.
4. "Medical Degree Disparity Among Authors of Original Research in Pediatric Journals"; July 2019 Cureus 11(7)
5. "The Native American heritage of the body-mind-spirit paradigm in osteopathic principles and practices"; International Journal of Osteopathic Medicine/ VOLUME 33, P31-37.

[7<sup>th</sup> European Biopharma Congress](#); Webinar- April 27-28, 2020.

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### Biography:

Jason Haxton received his honorary doctorate of osteopathy from Germany in 2014 for his research and global work in osteopathy. His MA degree is in Guidance and Counseling. He