

# Dr. Still was a Natural Counselor – Skills on How to Better Understand and Work with Your Patients Using Basic Counseling of Dr. William Glasser

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## **Abstract**

Osteopathic Healthcare – began as an American form of patient care and is licensed in all states with 56 osteopathic medical universities in the United States and several hundred osteopathic schools globally. Osteopathic care covers the full "body-mind-spirit" triune. A workshop will be provided to help understand human behavior - why we act or do behave as we do. Much like the physical body needs nutrition for healthy development; the mind too needs mental food for healthy personal growth and thoughts. The workshop will be a first-step primer to understanding the behaviors and choices we all make every moment. It will allow participants to reflect on their own mental processes and apply what they learn to their own life and that of their patients. Material will be drawn from Dr. William Glasser Psychiatrist in understanding the mind/spirit aspect of the whole person. The workshop highlights will be on a PowerPoint available to the participants.



#### Biography:

Jason Haxton received his honorary doctorate of osteopathy from Germany in 2014 for his research and global work in osteopathy. His MA degree is in Guidance and Counseling. He has been the director of the Museum of Osteopathic Medicine since January 2001. Besides managing the Museum that was created in 1934, he makes multiple international trips each year (Ireland, Belgium, Russia, Germany, Japan, New Zealand, Australia, Canada, Portugal, Spain, Sweden, Brazil and the UK) to provide lectures, historic research materials and promote the principles of osteopathic medicine through exhibits for osteopaths globally. At A.T. Still University in Kirksville he keeps a busy schedule teaching medical students and welcoming guests from around the world to the museum.

## Speaker Publications:

- 1. "Osteopathic Manipulation in the Management of Chronic Pain: Current Perspectives"; July 2020 Volume 2020:13 Pages 1839—1847
- 2. "Osteopathic Manipulative Medicine Practice Patterns of Third-Year and Fourth-Year Osteopathic Medical Students: An Educational Research Project"; The Journal of the American Osteopathic Association, May 2020, Vol. 120, 293-302
- 3. "Perceptions of the osteopathic profession in New York City's Chinese Communities"; Volume 8, Issue 1.
- 4. "Medical Degree Disparity Among Authors of Original Research in Pediatric Journals"; July 2019Cureus 11(7)
- 5. "The Native American heritage of the body-mind-spirit paradigm in osteopathic principles and practices"; International Journal of Osteopathic Medicine/ VOLUME 33, P31-37.

7<sup>th</sup> European Biopharma Congress; Webinar- April 27-28, 2020.

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(<a href="https://biopharmaceutics.pharmaceuticalconferences.c">https://biopharmaceutics.pharmaceuticalconferences.c</a>
om/europe/abstract/2020/an-american-form-ofhealthcare-practiced-globally-key-events-of-itsdevelopment)